

---

---

## **NEWS AND NOTES SECTION**

---

---

Seventh International Congress of Group Psychotherapy

Copenhagen, Denmark

August 3-8, 1980

Congress Theme: The Individual and the Group—Boundaries and Interrelations in Theory and Practice.

Program participation sought. Proposals should be mailed to: Dr. Malcolm Pines, 1 Bickenhall Mansions, Bickenhall St., London WIH 3LF, Great Britain.

Registration Fee: After September 1979, 370 Swiss Francs. After April 15, 1980, 400 Swiss francs. Registration fee should be sent to: Spadille Congress Service, 3 Sonnervej, DK-3100, Hornback, Denmark. Membership in the International Association of Group Psychotherapy: \$18 for three years including subscription to the *Congress Newsletter*. Mail to: Dr. Jay W. Fidler, Secretary-Treasurer, I.A.G.P., RD #1, Old York Road, Flemington, New Jersey, USA 08822.

### **HISTORICAL RECOGNITION**

The psychodrama theatre, attached to the student residence at the Moreno Institute in Beacon, N.Y. has been recorded as an historical landmark by the New York State Historical Preservation Office. The designation was accorded because it is the original source of the world-wide practice of psychodrama and group psychotherapy. Training in these methods at the Moreno Institute has been continuous since 1938.

## GROUP PSYCHOTHERAPY

CALL FOR PARTICIPATION  
A.S.G.P.P. 38th ANNUAL MEETING  
AND TRAINING INSTITUTE

April 17-20, 1980

Barbizon Plaza Hotel, New York City

Now accepting program proposals for 2½ hour demonstration sessions at this meeting. Please send program proposals to:

Ellen Siroka, Ed. D.  
Program Chairperson  
39 East 20th Street  
New York, NY 10003  
(212) 260-3860

## ZERKA MORENO AWARD

The ASGPP is proud to announce the establishment of the Zerka Moreno Award. This award will be presented at each year's annual meeting to a psychodramatist who has graduated from an approved psychodrama training institute. The recipient of the Zerka Moreno Award will be chosen for distinguished work in making Moreno's psychodrama method more widely accepted. The procedure for applying for this award will be announced late 1979. The first recipient of the Zerka Moreno Award will be announced at the 1980 Annual Meeting.

## HOLWELL CENTER FOR PSYCHODRAMA

*MARCIA KARP*, former Moreno Institute Faculty member, founded the Holwell Center for Psychodrama in *EAST DOWN, BARNSTAPLE, DEVON, ENGLAND* in 1974. This year it offers the only diploma course in psychodrama in England.

## ZERKA T. MORENO'S TRAVELS—1979

Zerka T. Moreno and Merlyn S. Pitzele have traveled during 1979 to the following places to conduct psychodrama training courses and workshops: El Paso and San Antonio, Texas; West Chester, Pennsylvania; Storrs, Connecticut; Boston, Massachusetts; Asheville, North Carolina; Topeka, Kansas; England; Stockholm and Goteborg, Sweden; Hartola, Finland; Cordoba and Buenos Aires, Argentina.

ST. ELIZABETHS HOSPITAL—MORENO INSTITUTE  
EXCHANGE PROGRAM

**Affiliation Agreement**

1. *Purpose.* Saint Elizabeths Hospital (SEH), through its Psychodrama Section and the Moreno Institute of Beacon, New York agree to enter into a joint affiliation for the purpose of exchanging training and specific educational activities for their respective staff and trainees.

2. *Responsibilities of SEH.*

a. SEH will make available psychodrama training experiences to staff and trainees of the Moreno Institute at the Hospital's facilities. All training activities will be directly supervised by personnel of the SEH Psychodrama Section.

b. SEH shall have absolute discretion to accept or reject any trainee for participation in training at SEH. All nominations for training made by the Moreno Institute will be accompanied by a personal letter of intent by the proposed trainee and his or her curriculum vitae.

c. Trainees will participate in regularly scheduled activities at SEH for not more than two weeks.

d. Participation in training under this agreement is non-stipended and all expenses for travel, food, lodging and other personal expenses will be borne by the individual trainee.

3. *Responsibilities of the Moreno Institute.*

a. The Moreno Institute will make available psychodrama training experiences to staff and trainees of SEH at the Institute's facilities. All training activities will be directly supervised by personnel of the Moreno Institute's Psychodrama Section.

b. The Moreno Institute shall have absolute discretion to accept or reject any trainee for participation in training at the Moreno Institute. All nominations for training made by SEH will be accompanied by a personal letter of intent by the proposed trainee and his or her curriculum vitae.

c. Trainees will participate in regularly scheduled activities at the Moreno Institute for no more than two weeks.

d. All expenses for travel, food, lodging and other personal expenses will be borne by the individual trainee and/or staff.

4. *General Provisions.*

a. All trainees at SEH shall be registered with the Hospital Coordinator of Volunteer Services as non-compensated trainee affiliates. As such, trainees shall be considered to have the same status as Hospital employees for the purposes of medical service benefits for work-related injuries and diseases, in accordance with the provisions of the Federal Employee Compensation Act, 5 U.S.C. 8101, *et seq.*

b. Trainee affiliates are obligated to comply with all rules and regulations applicable to the employees of the institution at which training occurs.

c. Liability arising from alleged negligence or wrongful conduct of trainees while engaged in patient care or related activities at SEH will be considered and acted upon in accordance with the provision of the Federal Tort Claims Act, 28 U.S.C. 2671, *et seq.*

d. Saint Elizabeths and the Moreno Institute agree to make no distinction among trainees or applicants to this program on the basis of race, color, creed, sex, age or national origin.

e. Trainee affiliates in training at SEH are obligated to adhere to all applicable provisions of the Privacy Act of 1974 as implemented at the Hospital.

f. Exchanges of trainees will occur on a one for one basis between SEH and the Moreno Institute. Any difference in number of trainees at either institution will be equally accommodated by the other within one month unless mutual agreement to accept the difference is reached.

g. An annual review of the policies and procedures established pursuant to this agreement will be made. This agreement may be terminated at any time either upon the mutual consent of both parties or upon 30 days written notice given by one party.

David F. Swink  
Training Officer, Psychodrama

Dale Richard Buchanan  
Chief, Psychodrama Section

Lula M. Whitlock  
Chief, Non-Medical  
Training Branch

William Dobbs, M.D.  
Director, Overholser Division  
of Training

Zerka T. Moreno  
Moreno Institute  
(Date)

5/21/79

Charles E. Meredith  
Superintendent,  
Saint Elizabeths Hospital  
(Date)

6/6/79

THE AMERICAN BOARD OF EXAMINERS IN  
PSYCHODRAMA, SOCIOMETRY & GROUP  
PSYCHOTHERAPY

**Practitioner Level Certification**

*Offered by The American Board of Examiners in Psychodrama,  
Sociometry & Group Psychotherapy*

*A not-for-profit organization incorporated in the District of Columbia*

*Board Members*

*Dale Buchanan, M.S.*

*Carl Hollander, M.A.*

*Don Clarkson, A.C.S.W.*

*James M. Sacks, Ph.D.*

*Dean G. Elefthery, M.D.*

*Robert W. Siroka, Ph.D.*

*Martin R. Haskell, Ph.D.*

Grandparenting period open from April 1979 through April 1980.

Persons who fulfill the requirements below will be considered for practitioner level certification based on inspection of submitted credentials. A non-refundable initial application fee of \$50 must accompany a request for application. An additional \$75 fee is required when certification procedure is completed. Candidates for certification of the grandparenting provision must meet the following requirements:

1. A minimum of 780 hours of training by a Board Certified Trainer, Educator and Practitioner of Psychodrama, Sociometry and Group Psychotherapy.

2. One year of supervised experience in Psychodrama, Sociometry and Group Psychotherapy.

3. Candidates shall submit evidence of a graduate degree in a field relevant to mental health from an accredited university or an acceptable equivalent.

4. Candidates shall present endorsements of competence and personal and professional responsibility from—their primary trainer (certified TEP);—another certified TEP;—another mental health professional familiar with the candidate's work and clinical experience.

5. Candidates activities and achievements toward fulfillment of certification under grandparenting may be extended over a period not to exceed five years part time.

Request for application and non-refundable \$50 fee should be addressed to:

American Board of Examiners, 39 East 20 Street, 8th Floor, New York,  
New York 10003, 212/260-3860 (after 1:00 pm)

### FEDERATION OF TRAINERS AND TRAINING PROGRAMS IN PSYCHODRAMA

The Federation of Trainers and Training Programs in Psychodrama is a guild of trainers conceived of by Zerka T. Moreno, John Nolte, Joseph Power and Peter Rowan in 1976. Their efforts led to the first meeting of the Federation in Miami, Florida in January, 1977. Those attending this meeting defined the purposes of the organization as follows:

- To foster a climate of mutuality, insuring a free flow of information and attitudes among member programs and organizations for professional development.
- To keep apprised of the current state of and to improve psychodrama training and education.
- To work towards the development of professional psychodramatists and to encourage diversity of applications.\*
- To maintain and augment the relationship between itself and other related programs concerned with training and certification.
- To teach and support and foster program evaluation and research.

To provide continual assessment of the interaction between ourselves and social systems.

Annual meetings of the Federation followed; the second and third were held in January, 1978 & 1979 in San Francisco. To date, some of the concrete products of the Federation's work have been:

*Directory of Institutes and Training Programs in Psychodrama:* This preliminary document, compiled in 1977, was presented at the 1978 meeting as a reference for discussion of training programs. A second, more refined edition, planned for wider distribution, should be ready for the 1980 meeting.

*Tabella:* An official transcript and instrument to be used by certified trainers and their students has been prepared by the Federation. The printed prototype of the Tabella has been completed and distributed to Board certified trainers; its final form will be discussed and voted upon at the next meeting.

*Professional Development Meeting:* This two day session was held at the Moreno Institute in April, 1979 for the purpose of collaborating about ideas regarding the training and education of psychodramatists.

The Federation has also been influential in the education of governmental agencies on the status of psychodramatists. Perhaps most impor-

---

\* Modified, as printed, at January, 1979 meeting.

tantly, this organization is serving its function as a guild. It is a mutual aid association of trainers which is providing an arena for the development and advancement of the training and education of psychodramatists and the professionalization of psychodrama.

#### **About Membership**

The two categories of membership are "full" and "apprentice". Trainers, educators and practitioners certified by the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy are eligible for full membership which entitles voting rights at meetings. Apprentice membership is open; students are encouraged to join; it does not hold voting power but entitles attendance and participation at meetings.

Dues for full membership are \$50 annually. If you attended the 1979 San Francisco meeting of the Federation and paid the \$30 registration fee, deduct this amount and pay only an additional \$20. Those applying for apprentice membership pay \$20 dues. Registration for the 1980 meeting will be \$10 less than for full members.

To further support the purposes of the Federation, we encourage those of you who are eligible to join as a full member and to encourage your students and colleagues to join the Federation as an apprentice. An application form is below.

From the Executive Committee: Sandra Garfield, Ph.D., President  
Peter J. Rowan, Jr., Vice-President  
Jill Winer, M.A., Secretary  
Shirley Barclay, M.S.N., Treasurer

**THE NEXT MEETING OF THE FEDERATION WILL BE IN LOS ANGELES FROM FEBRUARY 9-11, 1980.**

**APPLICATION**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_

(Work) \_\_\_\_\_

Applying for: Full membership (\$50) \_\_\_\_\_

Apprentice membership (\$20) \_\_\_\_\_

Affiliation-Primary Trainer and/or Training Institute:  
\_\_\_\_\_

Please enclose check for dues and send to:

Shirley Anderson Barclay, Treasurer

F.T.T.P.P.

125 West 72nd Street

New York, New York 10023

212 874-6379

For further information about the Federation, write to:

F.T.T.P.P.

9911 West Pico Blvd.

Suite 1540

Los Angeles, Calif. 90035

SAINT ELIZABETHS HOSPITAL  
PSYCHODRAMA SECTION  
WASHINGTON, D. C. 20032

#### **Announcement**

Stipended internships and residencies in Psychodrama are being offered by the Department of Health, Education, and Welfare, National Institute of Mental Health, Saint Elizabeths Hospital, Psychodrama Section, Washington, D.C.

#### **Philosophy**

To train psychodramatists to function as psychodrama professionals within the mental health community. Saint Elizabeths Hospital believes that this is best accomplished through an intensive 12-month internship or residency within a mental hospital setting. The trainee is prepared to develop a full range of professional roles including psychodrama clinician, mental health team member, trainer, educator, consultant, researcher and program evaluator.

#### **Training**

Training includes an interdisciplinary core program in the areas of clinical psychiatry, research, human growth and development, community mental health, mental health delivery systems and group dynamics. Specialized training is given in Quadratic Psychodrama, a concept created and developed by the Psychodrama Section at Saint Elizabeths Hospital. Quadratic psychodrama incorporates group dynamics, sociometry, social systems theory, and role theory within the framework of psychodramatic group psychotherapy and training.

Each trainee is responsible for a number of psychodrama clinical groups with a wide variety of clinical experiences including inpatients and outpatients. Specialized clinical experiences are available in the areas of deaf, forensic, geriatrics, alcoholism, drug, hospice, hispanic and school programs.

Each trainee is also responsible for directing one psychodrama community group. Practicums are arranged with public and private school systems, Drug Abuse Centers, Probation Offices and related community agencies.

Daily training sessions are directed by staff psychodramatists in specific areas of quadratic psychodrama. Included in these are didactic and experiential sessions involving the use of audiovisual feedback, reading seminars, group concerns, and structured psychodrama content sessions.

**Assessment**

Individual, group, on site and report modes of supervision are regularly scheduled. Video feedback is an integral part of supervision. Quarterly evaluations are provided by the staff to the individual trainees, and by the trainees concerning the effectiveness of the program.

Program evaluation of the training and clinical program are periodically scheduled by outside consultants. Trainee responses and suggestions to the program are incorporated within regular program evaluation procedures.

Copies of the 1976-77 program evaluation of the training program are available for inspection by prospective applicants to the program.

**Accreditation**

The psychodrama program, one of the first established and most advanced in the nation, is accredited by the American Society of Group Psychotherapy and Psychodrama and by the Moreno Institute. The program has also been granted a two-year interim accreditation by the recently formed American Board of Examiners in Psychodrama, Sociometry, and Group Psychotherapy.

**Minimum Eligibility Requirements**

For all levels of training applicants must hold a bachelor's or higher degree from an accredited college or university. Courses completed must include 24 semester hours (or academic equivalent) in one or a combination of major fields which have given the applicant a basic knowledge of fundamental concepts of normal and abnormal psychology, sociopathology, and personality development.

All applications will be evaluated in terms of education and experience based on college transcript(s) and the Personal Qualifications Statement (Standard Form 171).

The best qualified applicants will be scheduled for an aptitude evaluation which includes active participation in role playing sessions at Saint Elizabeths Hospital. Any travel or related expenses must be borne by the applicant. Evaluations are usually scheduled in March and April.

**Veteran's Preference:**

Applicants with creditable military service are given preference under the Veteran's Preference Act of 1944. Non-citizens may only be considered if there is an insufficient number of qualified citizens.

**Dates:**

The 12-month program begins July 1 and ends on June 30, of the following year.

**Stipends:**

Annual stipends range from \$7,766 to \$12,949 per annum depending upon education and experience. Trainees are not eligible for Federal benefits except for annual and sick leave.

**Staff:**

The current staff consists of Dale Richard Buchanan,\* M.S., Chief, William J. Picon,\* Ph.D., Intern and Resident Training Coordinator, and staff psychodramatists Barry N. Spodak, M.S.W., David F. Swink, M. A., Monica L. Meerbaum, M. A., and Kerry Paul Altman, Ph.D.

In addition to the permanent staff, numerous SEH and NIMH personnel serve as adjunctive faculty. The following prominent psychodramatists have provided training and consultative services to the program: Don Clarkson,\* M.S.W., Jacklyn Balsham Dubbs,\* M.S.W., James M. Enneis,\* M.S., Don Hearn,\* Zerka T. Moreno,\* James M. Stacks,\* Ph.D., Robert W. Siroka,\* Ph.D., and Hannah Weiner,\* M.A.

**Applications:**

For applications and further information regarding the program contact the Psychodrama Section, Saint Elizabeths Hospital, Washington, D. C. 20032. (202) 574-7219.

Submit completed Standard Form 171, "Personal Qualifications Statement," an official transcript(s) from each college or university attended and two letters of reference, using the Psychodrama Reference Form, not later than April 1, 1979 to:

Employment Office—Psychodrama  
Attention: Mrs. Betty Dunkins  
Saint Elizabeths Hospital  
Washington, D.C. 20032

**AN EQUAL OPPORTUNITY EMPLOYER**

---

\* Board Certified by the American Board of Examiners in Psychodrama, Sociometry, and Group Psychotherapy

*American Psychiatric Association  
Audio Education Courses  
Produced by Audio-Digest Foundation*

### A BASIC COURSE IN PSYCHODRAMA

Neville Murray, Clinical Associate Professor of Psychiatry, University of Texas Health Science Center, San Antonio—Course Director

James M. Enneis, Chief, Psychodrama Section, St. Elizabeth's Hospital, Washington, D.C.

Zerka Moreno, President and Director, Moreno Institute, Beacon, New York

Lewis Yablonsky, Professor of Sociology, California State University, Northridge: Santa Monica

#### Subjects and Speakers

- CASSETTE ONE:** Warm-up Techniques (Mr. Enneis)
- Side 1: Introduction, goals, and definitions (Dr. Murray) . . . Cluster warm-up . . . Director-directed warm-up . . . Protagonist-directed warm-up . . . Questions and answers . . .
- Side 2: Warm-up of the individual . . . Questions and answers . . . Warm-up in the staff or school setting . . . Warm-up to space.
- CASSETTE TWO:** Functions of the Auxiliary Ego (Mrs. Moreno)
- Side 1: Historical perspectives . . . Spectrum of functions. . . Auxiliary representing an absentee . . . Auxiliary representing the protagonist (the double). . . .
- Side 2: Selecting auxiliaries . . . Auxiliary egos 'at a distance' . . . Case histories of 'mirror psychodrama' to attain engagement . . . Questions and answers.
- CASSETTE THREE:** Functions of the Director (Dr. Yablonsky)
- Side 1: Importance of the director . . . Warming yourself up . . . Guiding direction of action . . . Dyadic uses . . . Avoiding direct role in action . . . Handling role reversals . . . Selection of auxiliary ego . . . Managing body posture . . . Controlling emotional focus . . . Value of charisma. . . .

Side 2: Protecting vulnerability of 'hypnotic' protagonist . . . Handling humor . . . Dealing with release of hostility . . . Psychodramatic aspects of terrorist/hostage situation . . . Questions and answers . . . Psychodrama in clinical practice.

Cassettes are available from  
Audio-Digest Foundation  
1577 East Chevy Chase Drive  
Glendale, CA 91206  
(213)-245-8505

Cost: \$30.00 + postage

#### THE AMERICAN SOCIETY OF GROUP PSYCHOTHERAPY AND PSYCHODRAMA

The pioneering membership organization in group psychotherapy, the American Society of Group Psychotherapy and Psychodrama, founded by J. L. Moreno, M.D., in April 1942, has been the source and inspiration of the later developments in this field. It sponsored and made possible the organization of the International Committee on Group Psychotherapy in Paris, France, in 1951, whence has since developed the International Council of Group Psychotherapy. It also made possible a number of International congresses of group psychotherapy. Membership includes subscription to the journal *Group Psychotherapy and Psychodrama*, founded in 1947, by J. L. Moreno, the first journal devoted to group psychotherapy in all its forms.

The Society is dedicated to the development of the fields of group psychotherapy, psychodrama, sociodrama and sociometry, their spread and fruitful application.

**Aims:** to establish standards for specialists in group psychotherapy, psychodrama and allied methods, to increase knowledge about them and to aid and support the exploration of new areas of endeavor in research, practice, teaching and training.

The following membership categories are now available: Student (for undergraduate students only), Member and Fellow.

Membership in any of these categories enables the member to attend the annual meetings at the registration fee limited to members.

Student membership is open to students whose interests are devoted primarily to specializing in the field of group psychotherapy and psychodrama, but who have not as yet attained the training and profes-